BALLES BEVILEN

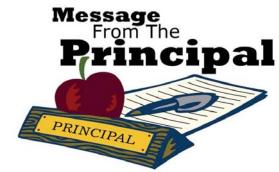


NEWSLETTER OF KILLARNEY SCHOOL

A publication of Killarney School Box 2500, 417 King Avenue, Killarney, MB R0K 1G0 (204)523-4696 ksoffice@tmsd.mb.ca

January 2024 | For the safety of your child, please provide us with updated contact information whenever it changes.

Welcome back and **Happy New Year** to all of our Raider Families! We hope you had a safe and healthy Winter Break, and that your holidays were filled with warm, happy, and memorable moments with your family and friends. Thank you for all of your holiday wishes and generous support before the Winter Break. Your kindness is truly appreciated by our staff. We are excited to once again have our classrooms and hallways buzzing with activity!



As we work our way through January, I would like to remind high school families that the high school exam block runs from January 30th through to February 2. Students should be starting to review for their exams. Organizing binders and materials is a great way to start. Having recipe cards available for study notes, a quiet place to work, and scheduling time after school, are all useful tips to support your student.

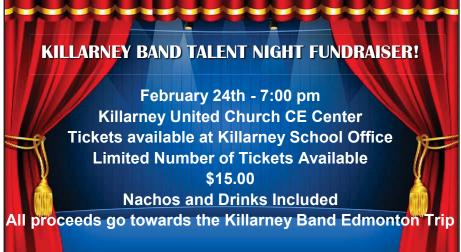
On behalf of all our staff, we send our best wishes to all of our Killarney School families for a safe, happy, and healthy 2024! Have a wonderful January!

Mrs. Erica Hilhorst



<u>Winter Weather</u>: The colder weather is here! A reminder to bundle up your children very warm! An extra pair of labeled socks and mittens in the backpack is always a great idea! Here are a few weather related reminders that may be helpful!

<u>Indoor Recess:</u> The Killarney School Handbook states, "If the **WeatherCan** app states a temperature of **-30 or colder (with windchill)** there will be indoor recess." Please ensure your K-6 kids are dressed warmly because they will be outside for temperatures warmer than -30 degrees (with the windchill).



FROM THE GYM

Reminder for High School Students:

All volunteer hours for first semester PE classes are due to your teacher by February 2nd.



INCLEMENT WEATHER

If, at 6:20 a.m. the temperature, including the windchill factor, reaches –45° Celsius (according to the Weather CAN app), classes will be canceled. We encourage parents/legal guardians and students to listen to the radio stations and to view the Turtle Mountain School Division's website (www.tmsd.mb.ca) beginning at 6:45 a.m. to check for cancellations. Turtle Mountain School Division's Inclement Weather Procedures can be found here:

https://www.tmsd.mb.ca/procedures/E/E-3.pdf

Families can also sign up for Weather Updates. The link can be found on the right side of our Killarney School webpage (killarneyschool.ca). Click on "Weather Updates" and then on the right side of the page, select "Follow Blog Via Email" and you will receive automatic updates.

SCHOOL DROP OFF/PICK UP/CROSSWALK USE

With the return of winter, we are seeing more kids getting dropped off and picked up from school. Our students' safety is always our priority. A few reminders to help us keep everyone safe:

- King Avenue is town property and students need to use the crosswalk at either end of the street because vehicles driving have the right of way.
- When parking on King Avenue, please park back from the crosswalk so that our crossing guards can safely help kids cross the street.
- Icy road conditions can make stopping more challenging.
- Students crossing in the middle of the street has resulted in "near miss" situations.
- Please do not stop your vehicle in the middle of the street to drop off or pick up kids.
- Please do not drop off or pick up in the school parking lots. Drop off and pick up in the school parking lot has also resulted in "near miss" situations.

We appreciate your assistance in helping keep all of our students safe.

IMPORTANT DATES

- January 8
 Back to Class
- January 9 12
 Grade 12 Provincial ELA Exam
- January 23
 Grade 12 Provincial Applied Math Exam
- January 25
 Grade 12 Provincial Pre-Calculus

 Exam
- January 30 February 2
 Grades 9-12 Exam Week

- February 5
 No School Admin Day
- February 6
 Semester 2 Starts
- February 11 & 12
 Asessippi Ski Trip
- February 15
 Grades 9 12 Report Cards Sent Home
- February 19
 No School Louis Riel Day
- February 28
 Early Dismissal at 2pm
- March 1No School Admin Day



KPAC News

Thanks to all who supported our 50/50 fundraising draw at the K-5 Christmas Concert in December! Chris Cuvelier was the lucky winner who very generously donated his winnings back to Killarney Parent Advisory Council!

Killarney School is in need of new or gently used waterproof mitts as well as any extra spoons or forks you might have on hand! Please feel free to drop off any donations to Killarney School office or email us at

killarneyparentadvisorycouncil@gmail.com

Thank you so much!



SKI & SNOWBOARD TRIP



February 11 & 12, 2024 Asessippi Ski Area



Open to Grade 7-12 Students

Hand in your permission form to Mrs. Jonsson to guarantee your spot - only 40 spots available!

Forms and fees due January 19th

Mandatory Parent Meeting - January 29th at 6:00 PM

LIBRARY UPDATE

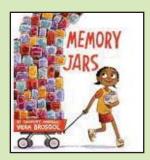
Happy New Year! Hope everyone had a fun and safe holiday!

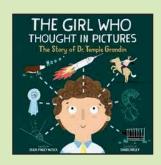
We had a very successful book fair in November. Our profits for the school library were a little over \$2,000 dollars. I have added quite a few new books to the library. I have also donated a few French ones to our lovely French teacher, Madame Jamault. I will continue to use the money for the library and other materials that the school may need the rest of the school year. Thank you all for your support! We will have another book fair in March 2024, so keep your eyes out for advertising!



The theme in the library right now is snow! We will be reading books all about snow and the fun activities that we can do in the snow.

Here are a few of the new books that I have added to our library:









How to Care for Your Child During Respiratory Virus Season

Having a sick child can be scary.

Know what symptoms to watch for,
how to provide care and comfort at
home, and when to seek help — it's
all part of providing good **KidCare**!

At an emergency department, the sickest patients are always seen first. Less sick patients will have to wait for care. Depending on your child's symptoms, you may be able to provide care at **home**, or be seen faster by your doctor or a **walk-in clinic** or **urgent care centre**.

When deciding where to go, consider these **cold and flu symptoms** to determine whether your child needs emergency care.

	Emergency	Not an Emergency
Breathing Problems	 in respiratory distress pale skin with blue lips wheezing, not responding to medication 	 nasal congestion and cough mild wheezing that is responding to medication or is not associated with difficulty breathing
Fever	 infant (less than 3 months old) with fever immune system or chronic health problems difficult to wake or excessively sleepy fever ongoing for more than 5-7 days neck stiffness with vomiting and sleepiness unable to walk or weakness of arms or legs 	 in healthy and vaccinated babies in children who are generally well on its own, a high fever does not require a trip to emergency
Vomiting or Diarrhea	 in a child less than 3 months old repeated vomiting and shows signs of dehydration (no tears, dry mouth, sunken soft spot) containing blood or is bright green dehydration with dry mouth, or if no urine is passed for 12+ hours 	 vomiting or diarrhea less than 3-4 times per day ongoing diarrhea after 'stomach flu' as this can last for up to 2 weeks

Learn more about symptoms that should lead to a visit to emergency and those that can be cared for at home or elsewhere, at KidCareMB.ca.

Not Sure Where to Go?

Talk to a nurse from home and get help assessing your child's symptoms. Call Health Links – Info Santé at **204-788-8200** or **1-888-315-9257** In an emergency, call **9-1-1**.











Vaccination

All children in Manitoba aged six months and older can get COVID and flu vaccines.

Keeping your kids up to date on vaccinations can prevent them from getting sick. There are many locations across the province where they can be immunized, and we have an online map to help you find a spot that is convenient.

Book Now — ProtectMB.ca



Fevers?

Fever is not dangerous. It is the body's natural response to infections and actually helps to fight infection.

Higher temperatures do not mean the infection is more serious, and a fever on its own does not require medical attention in most children.*

You do not need to treat fever with medicine. Cool your child by dressing them in light clothing, offering extra fluids, and keeping the room cool.

*Children under 3 months of age and those with chronic health conditions should be seen if a fever develops.

A Dose of Prevention Goes a Long Way!



Stay Home

Keep sick kids at home to slow the spread.



Hand washing

Teach your kids to wash hands with soap for 20+ seconds.



Cough

Cover your cough or sneeze.



Masks

Consider wearing a mask when indoors in crowded locations.

Need Advice?

Health Links - Info Santé can help 24/7.

Call 204-788-8200 or 1-888-315-9257

In an emergency, call 9-1-1.





